

Wudang Tai Chi Chuan

武當太極拳

Tai Chi Sword Form - Qian Kun Jian

太極乾坤劍

1	The Ready Style	預備式	yù bèi shì
2	The Tai Chi Beginning Style	太極起式	tài jí qǐ shì
3	Grasping bird's tail	攬雀尾	lǎn què wěi
4	Golden needle pointing south	金針指南	jīn zhēn zhǐ nán
5	Passing the sword style	交劍式	jiāo jiàn shì
6	Spreading the sword style	分劍式	fēn jiàn shì
7	Hanging the sword style	掛劍式	guà jiàn shì
8	Intercepting the sword style	截劍式	jié jiàn shì
9	Rhinoceros watching the moon	犀牛望月	xī niú wàng yuè
10	Step up to protect the knee	上步遮膝	shàng bù zhē xī
11	Swivel and dot	回身點	huí shēn diǎn
12	Turn back and stab	翻身刺	fān shēn cì
13	Hanging the golden bell upside down	倒掛金鈴	dǎo guà jīn líng
14	Point to the trousers with the sword	指檔劍	zhǐ dǎng jiàn
15	Male and female phoenix spreading wings	鳳凰展翅	fèng huáng zhǎn chì
16	Shooting star chasing the moon	流星趕月	liú xīng gǎn yuè
17	Li Gwong shooting an arrow at a tiger	李廣射虎	lǐ guǎng shè hǔ
18	The wheel on the left and right	左右車輪	zuǒ yòu chē lún
19	Fisherman casting his net	漁翁撒網	yú wēng sā wǎng
20	Spin around and rein in the horse	轉身勒馬	zhuǎn shēn lēi mǎ
21	Step up and move towards the door	上步迎門	shàng bù yíng mén
22	Step back coiled dragon	退步盤龍	tùi bù pán lóng
23	Face to face sword	迎面劍	yíng miàn jiàn
24	Yellow dragon turning right	黃龍右轉	huáng lóng yòu zhuǎn
25	Pui Kung cleaving a snake	沛公斬蛇	pèi gōng zhǎn shé
26	Shooting star chasing the moon	流星趕月	liú xīng gǎn yuè
27	Li Gwong shooting an arrow at a tiger	李廣射虎	lǐ guǎng shè hǔ
28	Embracing the moon	懷中抱月	huái zhòng bào yuè
29	Pierce the heart	分心刺	fēn xīn cì
30	Step back and tease the genitals	退步撩陰	tùi bù liáo yīn
31	Tiger lying in front of the door	臥虎當門	wò hǔ dāng mén
32	Steersman rowing the boat	梢公搖槽	shāo gōng yáo cáo
33	Rowing the boat with the current	順水推舟	shùn shuǐ tuī zhōu
34	An immortal pointing the way	仙人指路	xiān rén zhǐ lù
35	Dot red between the eyebrows	眉中點赤	méi zhòng diǎn chì
36	Cross the knees and chop	盤膝劈劍	pán xī pī jiàn
37	Step up to tease the genitals	上步撩陰	shàng bù liáo yīn
38	Embracing the moon	懷中抱月	huái zhòng bào yuè

39	Pierce the heart	分心刺	fēn xīn cì
40	Hang the bamboo basket on the left and right	左右掛籃	zuǒ yòu guà lán
41	Fairy damsel throwing a needle	玉女投針	yù nǚ tóu zhēn
42	Turn back raising the writing brush	翻身提筆	fān shēn tí bǐ
43	Face the door sword	迎門劍	yíng mén jiàn
44	Tiger lying in front of the door	臥虎當門	wò hǔ dāng mén
45	Catching a giant tortoise from the bottom of the sea	海底擒鱉	hǎi dǐ qín áo
46	God of literature raising the wine vessel	魁星提斗	kuí xīng tí dòu
47	Swing the arm back with the sword	反臂劍	fǎn bì jiàn
48	Turn the body and plant the sword	轉身栽劍	zhuǎn shēn zāi jiàn
49	Flick the whip on the left and right	左右提鞭	zuǒ yòu tí biān
50	White gibbon offering fruit	白猿獻果	bái yuán xiàn guǒ
51	Tiger lying in front of the door	臥虎當門	wò hǔ dāng mén
52	Fallen petals waiting for the broom	落花待掃	luò huā dài sǎo
53	Tiger lying in front of the door	臥虎當門	wò hǔ dāng mén
54	Turn back to put on armour	翻身披掛	fān shēn pī guà
55	Swivel with the sword	回身劍	huí shēn jiàn
56	Encircling the moon style	抱月式	bào yuè shì
57	Single whip style	單鞭式	dān biān shì
58	Hanging the golden bell upside	倒掛金鈴	dǎo guà jīn líng
59	Sweep a thousand soldiers on the left and right	左右橫掃千軍	zuǒ yòu héng sǎo qiān jūn
60	Advance and point to the trousers	進步指擋	jìn bù zhǐ dǎng
61	Scaly dragon hiding and about to fly	潛蛟待發	qián jiào dài fā
62	Green dragonfly touching water	青蜓點水	qīng tíng diǎn shuǐ
63	Swivel and tease the genitals	回身撩陰	huí shēn liáo yīn
64	Cloud signal flag three times	雲麾三舞	yún huī sān wǔ
65	Advance with reverse cut	進步反劈	jìn bù fǎn pī
66	Dispel the clouds to see the sun	撥雲見日	bō yún jiàn rì
67	Magic hand picking a star	妙手摘星	miào shǒu zhāi xīng
68	Left and right the horsetail broom is blown by the wind	左右迎風拂塵	zuǒ yòu yíng fēng fú chén
69	Fierce tiger jumping over the stream	猛虎跳澗	měng hǔ tiào jiàn
70	Remove the leg and intercept	卸步反截	xiè bù fǎn jié
71	Fish lying down on the left and right	左右臥魚	zuǒ yòu wò yú
72	Spin and sweep across	轉身橫掃	zhuǎn shēn héng sǎo
73	Yellow dragon turning left	黃龍左轉	huáng lóng zuǒ zhuǎn
74	Spreading aside the grass looking for a snake	撥草尋蛇	bō cǎo xún shé
75	The wheel on the left and right	左右車輪	zuǒ yòu chē lún
76	White snake spits out its tongue	白蛇吐信	bái shé tǔ xìn
77	Roc spreading its wings	大鵬展翅	dà péng zhǎn chì
78	Rein in the horse to watch the tide	勒馬觀潮	lēi mǎ guān cháo
79	Encircling the moon style	抱月式	bào yuè shì
80	Single whip style	單鞭式	dān biān shì
81	Sparrow hawk piercing the forest	鷓子穿林	yào zǐ chuān lín
82	Roc spreading its wings	大鵬展翅	dà péng zhǎn chì

83	Peasant digging with a hoe	農夫着鉤	nóng fū zhuó gōu
84	Face the door sword	迎門劍	yíng mén jiàn
85	Spin and sweep across	轉身橫掃	zhuǎn shēn héng sǎo
86	Shooting star chasing the moon	流星趕月	liú xīng gǎn yuè
87	Spin and sweep across	轉身橫掃	zhuǎn shēn héng sǎo
88	Great grandfather fishing	太公釣魚	tài gōng diào yú
89	Support the beam and replace the column	托樑換柱	tuō liáng huàn zhù
90	Golden needle pointing south	金針指南	jīn zhēn zhǐ nán
91	Tai Chi in unity	合太極	hé tài jí
92	Sword completion style	收劍式	shōu jiàn shì