

Wudang Tai Chi Chuan

武當太極拳

Tai Chi Sabre Form - Xuan Xuan Dao

太極玄玄刀

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| 1 | Ready style | 預備式 | yù bèi shì |
| 2 | Tai Chi beginning style | 太極起式 | tài jí qǐ shì |
| 3 | Grasping bird's tail | 攬雀尾 | lǎn què wěi |
| 4 | Brush knee twist step | 摟膝拗步 | lǒu xī niù bù |
| 5 | Separating the sabre | 分刀式 | fēn dāo shì |
| 6 | Dodge and display sabre | 閃展看刀 | shǎn zhǎn kàn dāo |
| 7 | Picking a star on the left | 左摘星 | zuǒ zhāi xīng |
| 8 | Advance to tease the genitals | 進步撩陰 | jìn bù liáo yīn |
| 9 | Withdraw to divert with the sabre | 卸步(手履*)刀 | xiè bù lǚ dāo |
| 10 | Pierce the heart | 分心刺 | fēn xīn cì |
| 11 | Hang the golden bell on the left | 左掛金鈴 | zuǒ guà jīn líng |
| 12 | Push open the window to watch the moon | 推窗望月 | tuī chuāng wàng yuè |
| 13 | Swivel and chop | 回身劈 | huí shēn pī |
| 14 | Swivel and tease the genitals | 回身撩陰 | huí shēn liáo yīn |
| 15 | Hanging the golden bell on the left | 左掛金鈴 | zuǒ guà jīn líng |
| 16 | Climb the mountain to look into the distance | 登山遠眺 | dēng shān yuǎn tiào |
| 17 | Sparrow hawk turning around | 鷓鴣子翻身 | yào zǐ fān shēn |
| 18 | Roc spreading its wings | 大鵬展翅 | dà péng zhǎn chì |
| 19 | Swallow entering its nest | 燕子入巢 | yàn zǐ rù cháo |
| 20 | Advance and divert with the sabre | 進步(手履*)刀 | jìn bù lǚ dāo |
| 21 | Stab the face | 迎面刺 | yíng miàn cì |
| 22 | Swivel hiding the sabre | 翻身藏刀 | fān shēn zàng dāo |
| 23 | Point to the trousers with the sabre | 指襠刀 | zhǐ dāng dāo |
| 24 | Chop the tiger | 打虎刀 | dǎ hǔ dāo |
| 25 | Swallow entering its nest | 燕子入巢 | yàn zǐ rù cháo |
| 26 | Advance and divert with the sabre | 進步(手履*)刀 | jìn bù lǚ dāo |
| 27 | Pierce the heart | 分心刺 | fēn xīn cì |
| 28 | Swivel hiding the sabre | 翻身藏刀 | fān shēn zàng dāo |
| 29 | Above three opening style | 上三開式 | shàng sān kāi shì |
| 30 | Taking off the boots when drunk | 帶醉脫靴 | dài zuì tuō xuē |
| 31 | Lying fish style | 臥魚式 | wò yú shì |
| 32 | Cloud sabre and hiding the sabre | 雲刀藏刀 | yún dāo zàng dāo |
| 33 | Stab the face | 迎面刺 | yíng miàn cì |
| 34 | Turn around and chop | 回身劈 | huí shēn pī |
| 35 | Searching the sea | 探海式 | tàn hǎi shì |
| 36 | Retrieving the moon from the sea | 撈月式 | lāo yuè shì |
| 37 | Hanging the golden bell on the left | 左掛金鈴 | zuǒ guà jīn líng |
| 38 | Opening the window to watch the moon | 推窗望月 | tuī chuāng wàng yuè |

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| 39 | Seven stars style | 七星式 | qī xīng shì |
| 40 | Hungry tiger jumps over the stream | 餓虎跳澗 | è hǔ tiào jiàn |
| 41 | Stab the face | 迎面刺 | yíng miàn cì |
| 42 | Lying tiger style | 臥虎式 | wò hǔ shì |
| 43 | Hiding the sabre style | 藏刀式 | zàng dāo shì |
| 44 | Pierce the heart | 分心刺 | fēn xīn cì |
| 45 | Coiled dragon | 盤龍式 | pán lóng shì |
| 46 | Coiled dragon stepping quickly | 趕步盤龍 | gǎn bù pán lóng |
| 47 | Lying fish style | 臥魚式 | wò yú shì |
| 48 | Cloud sabre and hiding the sabre | 雲刀藏刀 | yún dāo zàng dāo |
| 49 | Pierce the heart | 分心刺 | fēn xīn cì |
| 50 | Lying tiger style | 臥虎式 | wò hǔ shì |
| 51 | Lying fish style | 臥魚式 | wò yú shì |
| 52 | Cloud sabre and hiding the sabre | 雲刀藏刀 | yún dāo zàng dāo |
| 53 | Stab the face | 迎面刺 | yíng miàn cì |
| 54 | Lying tiger style | 臥虎式 | wò hǔ shì |
| 55 | Lying fish style | 臥魚式 | wò yú shì |
| 56 | Cloud sabre and hiding the sabre | 雲刀藏刀 | ún dāo zàng dāo |
| 57 | Pierce the heart | 分心刺 | fēn xīn cì |
| 58 | Swivel and chop | 回身劈 | huí shēn pī |
| 59 | Searching the sea | 探海式 | tàn hǎi shì |
| 60 | Sweeping a thousand soldiers | 橫掃千軍 | héng sǎo qiān jūn |
| 61 | Picking a star on the left | 左摘星 | zuǒ zhāi xīng |
| 62 | Chop the tiger | 打虎式 | dǎ hǔ shì |
| 63 | Returning horse carrying a bell | 回馬提鈴 | huí mǎ tí líng |
| 64 | Embracing the moon | 懷中抱月 | huái zhòng bào yuè |
| 65 | Rowing the boat with the current | 順水推舟 | shùn shuǐ tuī zhōu |
| 66 | Flying oblique style | 斜飛式 | xié fēi shì |
| 67 | Advance and chop with the sabre | 進步劈刀 | jìn bù pī dāo |
| 68 | Swivel and chop | 回身劈 | huí shēn pī |
| 69 | Searching the sea | 探海式 | tàn hǎi shì |
| 70 | Sweeping a thousand soldiers | 橫掃千軍 | héng sǎo qiān jūn |
| 71 | Shooting star chasing the moon | 流星趕月 | liú xīng gǎn yuè |
| 72 | Chop the tiger | 打虎式 | dǎ hǔ shì |
| 73 | Cloud dragon playing in the water | 雲龍戲水 | yún lóng xì shuǐ |
| 74 | Swivel and chop | 回身刀 | huí shēn dāo |
| 75 | Advance and chop | 進步劈刀 | jìn bù pī dāo |
| 76 | Hiding the sabre style | 藏刀式 | zàng dāo shì |
| 77 | Pierce the heart | 分心刺 | fēn xīn cì |
| 78 | Picking a star on the left | 左摘星 | zuǒ zhāi xīng |
| 79 | Return the sabre style | 交刀式 | jiāo dāo shì |
| 80 | Brush knee twist step | 摟膝拗步 | lǒu xī niù bù |
| 81 | Tai Chi in unity | 合太極 | hé tài jí |
| 82 | Completion style | 收式 | shōu shì |

*(手履) - lǚ is written with a single character (radical 手 and 履), but it does not seem to be part of the Unicode character set.